

Nebraska Medicaid DUR Board Meeting  
Tuesday, July 10, 2018  
*DRAFT pending approval at September Meeting*

**DUR Board Members in Attendance:**

Lynn Carlson, RP  
Bruce Houghton, MD  
Susan Howard, MD  
Norman Kelley, MD  
Madeline Leiter, CU PharmD Candidate  
Nichole Lux, UNMC PharmD Candidate  
Charlie Moore, RP  
Marcia Muetting, RP  
Kirk Muffly, MD  
Phil Vuchetich, RP  
Bob Wergin, MD

**DUR Board Members not in Attendance:**

Kevin Borchert, RP  
Shana Castillo, RP  
Eric Gall, RP  
Roger Mattson, RP  
Dave Randolph, RP

**Guests in Attendance:**

Jill Bot, RP, Magellan Medicaid Administration  
Jacob Duncan, UNMC PharmD Candidate  
Abraham Karimi, UNMC PharmD Candidate  
Jenny Minchow, RP, Nebraska Medicaid & LTC Services  
Kevin Peterson, RP, Nebraska Total Care  
Bernadette Ueda, RP, United Health Care  
Shannon Nelson, RP, WellCare of Nebraska  
Lisa White, Nebraska Medicaid & LTC Services

**Public Members in Attendance:**

Melissa Basil, Abbvie  
Brent Hildebrand, Gilead Sciences  
Bill Seifert, Fairview  
Dave Cecil, Johnson & Johnson  
Susan Zalenski, Johnson & Johnson  
Nick Boyer, Otsuka  
Nancy Bell, Pfizer

**I. Opening and Introductions**

The meeting was called to order at 6:30 p.m. by DUR Director, Marcia Muetting. The Director noted that a copy of the Open Meeting Laws and the meeting materials were available. Public attendees were asked to complete the sign-in sheet if they wished to be listed in the minutes as attending. Board members, guests, and public attendees introduced themselves.

**II. Declaration of Any Conflict of Interest Changes**

No changes were declared.

**III. Approval of Agenda**

A motion was made by Norman Kelley, with a second from Bruce Houghton, to approve the agenda as presented. Vote as follows: Carlson-yes, Houghton-yes, Howard-yes, Kelley-yes, Moore-yes, Muffly-yes, Vuchetich-yes, and Wergin-yes. Motion carried.

#### **IV. Approval of Minutes from May Meeting**

A motion was made by Norman Kelley, with a second from Bob Wergin, to approve the agenda as presented. Vote as follows: Carlson-yes, Houghton-yes, Howard-abstain, Kelley-yes, Moore-yes, Muffly-abstain, Vuchetich-yes, and Wergin-yes. Motion carried.

#### **V. Update on Recommendations from May Meeting**

No discussion.

#### **VI. Retrospective DUR**

##### **A. Current Profile Review**

##### **1. Restricted Services (Lock-Ins)**

Marcia Muetting reported that in FFS the criteria for restricted services is utilizers of 6 or more prescribers and 3 or more pharmacies in a month. No patients met the criteria in May or June.

Bernadette Ueda of United Health Care (UHC) reported that the criteria utilized to identify patients for restricted services review includes patients taking 9 target drugs at 3 different pharmacies and utilizing 3 different prescribers in 90 days or a diagnosis code on file of poisoning or overdose in 180 days. For the month of June, there were 131 members in restricted services. Six patients were evaluated for restricted services, 2 patients were added in June, 1 patient required intervention by the medical director, and 1 patient was removed for a total of 132 patients.

Shannon Nelson of Wellcare of Nebraska reported that the criteria for evaluation for restricted services is patients utilizing 3 or more controlled substance prescriptions from 3 or more pharmacies and 3 or more prescribers or 6 or more ER visits in 6 months at 3 or more ER facilities. There are 41 patients in restricted services. In May, 26 patients were reviewed, 4 were referred to case management, 5 patients will be monitored, and 1 patient required intervention by the medical director. One patient was removed from restricted services on biennial review. In June, 29 patients were reviewed, 2 patients were placed in restricted services, 12 patients required no action, 8 patients were referred to case management, and 7 patients will be monitored.

Kevin Peterson of Nebraska Total Care (NTC) explained that in May 43 members were in restricted services, 3 patients were added, 1 patient was removed from restricted services on biennial review, and 4 were sent to case management. In June, there were 45 members in restricted services, 8 patients were removed, and 1 was sent to case management. Kevin noted that the criteria for restricted services are evolving, the number of pharmacies, prescribers, specific medications, and number of ER visits are factored into a formula that generates a patient score which determines restricted services review.

##### **2. Use of 4 or More Psychotropics in Children**

Shannon Nelson noted that for WC, letters were sent to prescribers on July 2<sup>nd</sup>, and no responses have been received yet.

Bernadette Ueda reported that for UHC, letters to the prescribers are in process of review.

NTC and Magellan reported on this issue at the May meeting.

##### **3. MME Daily Limit**

There was some discussion about the new restrictions on the daily limit of opioid use. The limit of 300 MME will be placed in affect on December 6, 2018 and letters to prescribers will go out in July 2018.

##### **4. 7 Day Limit in Opioid Naïve Patients (Max 50 MME per day)**

The plans requested additional information before the letters can be sent on this issue.

##### **B. Recommendations for Future Profile Reviews**

Letters will be sent in July on patients taking more than 300 MME per day. Letters will be sent in August on adult patients taking stimulants exceeding the FDA-approved limits.

**VII. Prospective DUR**

**A. New Business**

**1. Annual Review of Hepatitis C Prior Authorization Criteria**

Lisa White explained that Nebraska Medicaid is discussing with managed care organizations about a reduction in the fibrosis score criteria. No public comment was offered. A motion was made by Bruce Houghton, with a second from Bob Wergin, to approve the draft criteria as presented and revisit if fibrosis score changes. Vote as follows: Carlson-yes, Houghton-yes, Howard-yes, Kelley-yes, Moore-yes, Muffly-yes, Vuchetich-yes, and Wergin-yes. Motion carried.

**VIII. Special Requests from the Department**

Jenny Minchow reported that Shelly Nickerson recently resigned from the department. The department is actively searching for her replacement.

**IX. Future Meeting Dates**

September 11, 2018  
November 6, 2018  
January 8, 2019  
March 12, 2019  
May 14, 2019  
July 9, 2019  
September 10, 2019  
November 12, 2019

**X. Concerns and Comments from**

Board: None  
Director: None  
State Representatives: None  
MCO Representatives: None  
Public Attendees: None

**XI. Adjournment**

A motion to adjourn at 7:28 p.m. was made by Charlie Moore with a second from Bob Wergin. Vote as follows: Carlson-yes, Houghton-yes, Howard-yes, Kelley-yes, Moore-yes, Muffly-yes, Vuchetich-yes, and Wergin-yes. Motion carried.