



What is the Prescription Drug Monitoring Program?

The Nebraska Prescription Drug Monitoring Program (PDMP) collects information from prescriptions dispensed in Nebraska or to an address in Nebraska. The PDMP is administered by the Nebraska Health Information Initiative (NeHII) platform and managed in collaboration with the Nebraska Department of Health and Human Services (DHHS). The primary purpose of the PDMP is to:

- prevent the misuse of prescribed controlled substances;
- allow prescribers and dispensers to monitor the care and treatment of patients for whom such a prescription drug is prescribed; and
- ensuring that prescription drugs are used for medically appropriate purposes.

The PDMP stores the information in a secure database and is made available to dispensers and prescribers and their designees only as authorized by law.

How does the PDMP work?

On January 1, 2017, dispensers were required to submit information about dispensed controlled substance prescriptions to the PDMP daily. Beginning January 1, 2018, dispensers are required to submit information on all dispensed prescription drugs including controlled and non-controlled substances daily.

What information can be found on the PDMP?

- (a) The patient's name, address, and date of birth;
- (b) The name and address of the pharmacy dispensing the prescription;

- (c) The date the prescription is issued;
- (d) The date the prescription is filled;
- (e) The name of the drug dispensed or the National Drug Code number as published by the federal Food and Drug Administration of the drug dispensed;
- (f) The strength of the drug prescribed;
- (g) The quantity of the drug prescribed and the number of days' supply; and
- (h) The prescriber's name and National Provider Identifier number or Drug Enforcement Administration number when reporting a controlled substance.

How should the PDMP be used by prescribers and dispensers?

Nebraska's PDMP can be a useful clinical tool. Accessing the patient's record on the PDMP can prevent the prescriber or dispenser from providing a patient with a medication which the patient may already have received from another prescriber or dispenser. This is especially important for controlled substances of which the prescriber or dispenser is not aware.

According to the Centers for Disease Control and Prevention: "Prescription drug monitoring programs continue to be among the most promising state-level interventions to improve painkiller prescribing, inform clinical practice, and protect patients at risk. Although findings are mixed, evaluations of PDMPs have illustrated changes in prescribing behaviors, use of multiple providers by patients, and decreased substance abuse treatment admissions..."

Can I share the PDMP data with a patient or another health care professional who is not a Registered User of the PDMP?

Nebraska law authorizes access by prescribers, dispensers, and their designees for the purposes of preventing the misuse of controlled substances which are prescribed, and monitoring the care and treatment of patients for whom a controlled substance is prescribed to ensure that such prescription drugs are used for medically appropriate purposes.

To access PDMP data, all prescribers and dispensers must be a registered PDMP user. The statute does not authorize prescribers, dispensers, or their designees to share PDMP data with a patient or any other person who is not a registered PDMP user. Prescribers and dispensers who receive a request from a patient to view their PDMP data may refer the patient to contact Felicia Quintana-Zinn at Nebraska DHHS at Felicia.Quintana-Zinn@nebraska.gov or at 402.471.0379.

Can patients prevent their information from being reported or accessed?

Nebraska law specifically prohibits the ability to opt-out of the PDMP. Even if a patient pays cash for a prescription, the information will be reported to the PDMP. Patients can, however, opt out of NeHII.

Are prescribers and dispensers required to access the PDMP before prescribing or dispensing a medication?

Accessing the PDMP is not required at this time. Although other states may require providers to check the PDMP before prescribing certain controlled substances, the Nebraska Medicaid DUR Program strongly recommends that prescribers and dispensers check a patient's PDMP record before prescribing or dispensing a medication to a patient covered by Nebraska Medicaid.



PRESCRIPTION DRUG MONITORING PROGRAM



Not a Registered User of the PDMP?

Request access online through DHHS' website: <http://dhhs.ne.gov/publichealth/PDMP/Pages/Home.aspx>. Once you have completed the online **PDMP User Access Request** form, you will need to view the on-demand PDMP training video also found on the DHHS PDMP website.

Contact Kevin or Amy for help with the PDMP:

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