

HOSTED BY: THE NEBRASKA PHARMACISTS ASSOCIATION



JANUARY 17, 2021

8:00 AM – 3:00 PM (CT)

LIVE VIRTUAL WEBINAR LINCOLN, NE

For questions about this program, please contact:
the NPA at (402) 420-1500 or
jenny.minchow@npharm.org

APhA's Pharmacy-Based Cardiovascular Disease Risk Management is an interactive certificate training program that explores the pharmacist's role in cardiovascular disease risk management. This practice-based activity is the first step for pharmacists interested in learning the essential skills to successfully assess risk, promote cardiovascular disease prevention, and encourage patient adherence to therapy.

To register, go to: <https://www.surveymonkey.com/r/CVCert>

The goals of this program are to:

- ❖ Educate pharmacists and pharmacy students on current evidence-based treatment goals and clinical management recommendations for dyslipidemia and hypertension.
- ❖ Familiarize pharmacists and pharmacy students with important concepts related to healthful lifestyle changes that focus on cardiovascular disease prevention.
- ❖ Introduce techniques and skills for encouraging patient adherence to prescribed therapies.
- ❖ Ensure pharmacist and pharmacy student proficiency in blood pressure measurement technique and point-of-care lipid testing.
- ❖ Enhance pharmacist and pharmacy student experience in applying elements of motivational interviewing with respect to medication adherence and lifestyle modifications.

APhA's Pharmacy-Based Cardiovascular Disease Risk Management certificate training program has two components: web-based interactive self-study with assessment and the live seminar with online final assessment. A Certificate of Achievement will be awarded to participants who successfully complete all program components, including an evaluation.

Key Learning Objectives of the Live Training Seminar

- Assess a patient's risk for atherosclerotic cardiovascular disease.
- Describe how to use patient factors that are not included in risk calculators to guide treatment selections.
- Explain how to apply national treatment guidelines for hypertension and dyslipidemia to individual patients.
- Discuss how to identify patients who are appropriate for the use of aspirin for primary prevention.
- Describe how treatment approaches for dyslipidemia and hypertension should be modified for special populations, including those with diabetes, renal insufficiency, and elevated hepatic transaminase levels.
- Recommend appropriate lifestyle interventions that reduce cardiovascular risk.
- Apply patient education and counseling strategies, including motivational interviewing, to support lifestyle modifications.
- Demonstrate how to measure blood pressure.
- Discuss the use of point-of-care lipid testing in cardiovascular risk management.
- Discuss how to implement cardiovascular risk management services in various practice settings, including potential billing options and quality measures.

For a complete list of learning objectives and for all APhA accreditation information and policies, please visit APhA's website, <https://www.pharmacist.com/pharmacy-based-cardiovascular-disease-risk-management>.

Seminar Agenda

- **Registration**
- Welcome, Introductions and Acknowledgements
- Cardiovascular Disease Risk Assessment and Treatment Decisions
- **Break**
- Special Situations and Clinical Updates
- Clinical Updates
- Lifestyle Modifications and Motivational Interviewing
- **Lunch and Networking**
- Motivational Interviewing Activity
- Patient Assessment Skills
- Blood Pressure Measurement Practice
- **Break**
- Business and Practice Models
- Transitions of Care Patient Case
- Take Home Points and Final Instructions
- Adjournment

Faculty

Dr. Carrie Koenigsfeld, PharmD, Associate Professor of Pharmacy Practice in Community Pharmacy at Drake University College of Pharmacy and Health Sciences

Continuing Pharmacy Education (CPE) Information and Activity Completion Requirements

Release Date: 09/01/2018

Expiration Date: 09/01/2021 PLEASE NOTE: NO Home Study credit granted after this date; Live Credit can only be granted within 60 days from the day of the seminar attended or by the expiration date, whichever is sooner.

Activity Type: Practice-based

Learning Level: 2 — Experience with the topic is recommended, but advanced expertise or specialty practice in the subject area is not necessary. This activity will focus on expanding the learner's knowledge and application of new and/or more complex information.

Target Audience: Pharmacists and pharmacy students in all practice settings.

- Successful completion of the self-study component involves passing the self-study assessment with a grade of 70% or higher and will result in 12 contact hours of CPE credits (1.2 CEUs).
ACPE Universal Activity Number: 0202-9999-18-247-H01-P
- Successful completion of the live seminar component involves attending the full live seminar, passing the final assessment with a grade of 70% or higher and completing a skills assessment. Successful completion of this component will result in 8 contact hours of CPE credit (0.80 CEU).
ACPE Universal Activity Number: 0202-9999-18-248-L01-P

Once credit is claimed, Statements of Credit will be available online within 24 hours on participant's CPE Monitor profile at <https://nabp.pharmacy/cpe-monitor-service/>. The Certificate of Achievement will be available

online upon successful completion of the necessary activity requirements on the participant's "My Training" page on www.pharmacist.com



The American Pharmacists Association is accredited by the Accreditation Council for Pharmacy Education as a provider of continuing pharmacy education.

Activity Requirements: Course material and exams and live webinar session will be accessed online. In order to participate in this activity, registrants must have access to a computer. For full technology requirements, please visit <http://elearning.pharmacist.com/technology-troubleshooting>

The Live Seminar portion will be conducted online. To participate, the registrants must:

- Join Zoom webinar by computer, tablet, or any mobile device
- Must have a working camera and have video enabled throughout the entire program
- Must be present for the entirety of the program to be eligible for completion of the certificate training
- There is a Zoom app that can be downloaded on mobile devices through the App Store or Google Play. Search for Zoom Cloud Meetings app.
- If planning to use a MacBook, Macbook Pro, MacBook Air, iMac, etc., please navigate to <https://zoom.us/> (using the Mac computer that will be used for the Zoom session), click on the Download link a the right side of the screen, download and install/run the installer program (named Zoom.pkg).
- Join the meeting 15-30 minutes early to test that your microphone and camera is working properly and to check-in
- Please refer to the following webpages to troubleshoot any audio/visual difficulties:
<https://support.zoom.us/hc/en-us/articles/201362283-How-Do-I-Join-or-Test-My-Computer-Audio->
<https://support.zoom.us/hc/en-us/articles/201362313-How-Do-I-Test-My-Video>
- The Zoom Meeting Link and password will be sent at least 3 business days prior to the seminar

APhA's *Pharmacy-Based Cardiovascular Disease Risk Management* was developed by the American Pharmacists Association.

Memorandum of Understanding: Participants acknowledge that if the *Pharmacy-Based Cardiovascular Disease Management Certificate program* is not completed before February 1, 2021, the participant is responsible for the cost of this course (\$115.00) to be paid to the NPA by February 1, 2021.

